SAS Journal of Medicine

Abbreviated Key Title: SAS J Med ISSN 2454-5112 Journal homepage: <u>https://saspublishers.com</u> **∂** OPEN ACCESS

Phtisiology

Case Report

An Atypical Cause of Dyspnoea

S El Fathi^{1*}, R Laamim¹, M Malad², Beaouiss M¹, A Rafik¹, S Baziaa¹, H Asri¹, N Tiresse¹, S Mzouri¹, A Zegmout¹, H Souhi¹, H Elouazzani¹, I A Rhorfi¹

¹Pneumo-Phtisiology Département, Mohamed V Military Hospital, Rabat, Morocco ²Endocrinology Department, Mohamed V Military Hospital, Rabat, Morocco

DOI: <u>https://doi.org/10.36347/sasjm.2025.v11i05.001</u> | **Received:** 13.03.2025 | **Accepted:** 17.04.2025 | **Published:** 02.05.2025

*Corresponding author: S El Fathi

Pneumo-Phtisiology Département, Mohamed V Military Hospital, Rabat, Morocco

Abstract

The bronchial tree Calcifications are a rare cause of dyspnoea and may be related to osteochondroplastic tracheobronchopathy, lytic bone lesions or hyperparathyroidism. We report a case of a 65-year-old woman operated 10 years ago for primary hyperparathyroidism who consulted for dyspnoea evolving for 3 years, whose radiological examinations showed bronchial calcifications.

Keywords: Bronchial calcifications, Dyspnoea, Hyperparathyroidism, Metastatic calcification, Hypercalcaemia. **Copyright © 2025 The Author(s):** This is an open-access article distributed under the terms of the Creative Commons Attribution **4.0 International License (CC BY-NC 4.0)** which permits unrestricted use, distribution, and reproduction in any medium for non-commercial use provided the original author and source are credited.

INTRODUCTION

Metastatic calcifications (also known as ectopic calcifications) refer to deposits of calcium salts in healthy tissue. A distinction must be made with dystrophic calcifications, which involve previously damaged tissues. Metastatic calcifications are subdivided into visceral and non-visceral calcifications, the latter affecting connective tissue as well as vessels. Although visceral calcifications can sporadically affect numerous sites, the organ most frequently involved in visceral metastatic calcifications is the lung [1].

PATIENT AND OBSERVATION

A 65-year-old patient with a history of primary hyperparahyroidism, operated 10 years ago and currently on calcium supplementation, consulted for inspiratory dyspnoea with no other associated respiratory signs. The standard chest X-ray showed thickening of the bronchial walls, and the chest CT scan showed calcification of the entire bronchial tree, the biological testing showed hypercalcaemia. Fibroscopy showed a normal bronchi. macroscopic appearance of the Plethysmography showed no abnormalities. Treatment consisted of administering bronchodilators to relieve dyspnoea and adjusting the dosage of vitamin and calcium therapy.



Chest CT scan with tracheal calcifications



Chest CT scan with calcification of the distal bronchi

DISCUSSION

The most common causes of metastatic pulmonary calcifications are hyperparathyroidism, lytic bone lesions of neoplastic origin, such as multiple myeloma, and kidney failure [2]. Our patient has two risk factors, primary hyperparathyroidism and vitamincalcium treatment.

Most patients with metastatic pulmonary calcifications are asymptomatic and have normal pulmonary function tests. For some patients a restrictive pulmonary syndrome, diffusion disorders, hypoxaemia and respiratory failure may be observed [2].

The specific clinical management of patients with metastatic pulmonary calcifications is not well known. Every effort must therefore be made to eliminate predisposing factors, in particular by correcting blood calcaemia, phosphocalcic product and renal function [2].

CONCLUSION

Metastatic pulmonary calcifications are probably under-diagnosed because they are rarely symptomatic. Their pathogenesis is still incompletely understood, and implicates phosphocalcic balance or impaired renal function.

REFERENCES

- 1. A.O. Fayemi *et al.* Pulmonary calcification in a patient with multiple myeloma Chest (1973)
- Pulmonary metastatic calcification Author links open overlay panel M. Pasquier, M.-D. Schaller, M. Abdou, P. Eckert: Received 1 April 2011, Accepted 25 January 2012, Available online 31 May 2012.